



Your child's school will:

- Listen to you and your child's concerns
- Maintain regular communication with you and your child
- Allocate a key member of staff in school to act as the main point of contact with you and your child
- Continue to monitor your child's attendance
- Hold regular meetings with you to collaboratively agree and review an action plan
- Be proactive in finding ways to respond to any school-based needs
- The school should refer to the Sheffield EPS EBSA toolkit/guidance



Supporting an anxious young person who is struggling to attend school can be overwhelming. Remember that you are not alone and many other parents have been through this.



A charity with a range of information and guides to support parents.

Website:

<https://youngminds.org.uk/findhelp/for-parents/>

Parent helpline 0808 802 5544 Mon – Fri



A parent-led organisation supporting families experiencing school refusal & attendance difficulties & raising awareness of related issues. Lots of videos and support as well as guides for schools and families.

Website: <https://notfineinschool.org.uk/>

Emotionally Based School Avoidance (EBSA)

A quick guide for parents and carers