

## What's on in the Valley Park Family Hub area



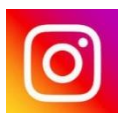
**Valley Park Family Hub:** Bankwood Community Primary School,  
Bankwood Close, S14 1LW  
**Telephone:** 0114 241 6968



### Register with Sheffield Family Hubs today

Use your phone to scan this QR code

Family Hubs and the Family Hub Network offer services for families of children aged 0-19, or up to 25 for those with special educational needs and disabilities. Stay informed and connected to vital local services!



Find us on social media – search for “Sheffield Family Hubs” and find us on the Sheffield Directory:

<https://www.sheffielddirectory.org.uk/sheffield-family-hubs/>



To find other groups delivered by community organisations in your area visit:

<https://www.sheffielddirectory.org.uk/directory> or scan this QR code with your phone.



### Monday's

- Toddler Tots Baby Group, 9:30am – 11am at Valley Park Family Hub
- Parent/Carer Coffee Mornings, 9:30am – 11:30am at Lowedges Community Centre
- Breastfeeding Support Group, 10am – 11:30am at Greenhill Methodist Church, School Lane, S8 7RL
- Light Peer Support Group, 12:30pm – 2:30pm at Valley Park Hub

### Tuesday's

- Light Group Information Session, 9am – 12pm at Lowedges Community Centre, Gresley Road, S8 7HL
- Antenatal Clinic with an Infant Feeding Peer Support Worker, 9am – 12pm at Lowedges Community Centre, Gresley Road, S8 7HL | To book call 07973 789 465
- Shelter Housing Advice, 9am – 12pm at Valley Park Hub
- Baby Group, 9:30am – 11am at Gleadless Valley Community Hub, Callow Place, S14 1PL
- Toddler Group, 9:30am – 11am at Valley Park Hub
- Breastfeeding Support Group, 11am – 12:30pm at Heeley City Farm, Richards Road, S2 3DT
- Breastfeeding Support Group, 5pm – 6pm | Online | Booking required via The Sheffield Directory

### Wednesday's

- Sensory Play Toddler Group, 9:30am – 11am (term time only) at Lowedges Community Centre, Gresley Road, S8 7HL
- Self-Weigh with Infant Feeding Support (Only use after 6-8 week check by Health Visitor), 9:30am – 11am at Lowedges Community Centre, Gresley Road, S8 7HL
- Talking Therapies, 9am – 4:30pm at Valley Park Family Hub | To book an assessment call 0114 2264380

### Thursday's

- Supporting Families Employment Advisers, 9am – 12pm at Valley Park Hub | To book call 07557 752 880
- Parent/Carer Coffee Mornings, 9:30am – 11:30am at Callow Community Hub Callow Place, S14 1PL
- Self-Weigh with Infant Feeding Support (Only use once had 6-8week check with Health Visitor), 9:30am – 11:30am at Newfield Green Clinic, 541 Gleadless Road, S2 2BS
- Baby Group, 10am – 11:30am at Lowedges Community Centre, Gresley Road, S8 7HL
- Baby Group, 10am – 11:30am at Valley Park Hub

### Friday's

- Breastfeeding Support Group, 9am – 11am at Valley Park Hub



- Stop Smoking Support Clinic, 9am – 12pm at Valley Park Hub | To book call 07833 048 200

